



# **RELATIONSHIPS AND SEX EDUCATION POLICY (Primary)**

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# RELATIONSHIPS AND SEX EDUCATION POLICY (PRIMARY)

**Article 29 (goals of education) Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment**

## RATIONALE

- In line with the KCSIE 2020 and 2021 updates, Relationships Education will be compulsory from September 2020 for all Primary aged children.
- This policy is written in line with the statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002, and section 403 of the Education Act 1996 and KCSIE 2021.

## AIMS AND OBJECTIVES

- To respect, complement and support the views of parents, transmitting moral values, which support family life.
- To eradicate myths and dispel ignorance, providing pupils with correct terminology and accurate knowledge, helping them to clarify the attitudes and values, which influence choices and promote the acquisition of responsible patterns of behaviour.
- To promote a positive self-image in each individual, so that they respect themselves and others, accepting responsibility for their happiness and that of others, through sensitive behaviour.
- To develop the whole person recognising the sexuality of people at all ages and stages of development.
- To provide a trusting environment in which feelings are valued and in which pupils may ask questions and receive sensitive and satisfactory answers.
- It is our intention that all children have the opportunity to experience learning at a level that is appropriate for their age and physical development with differentiated provision if required.
- To provide equal opportunities regardless of gender, religion, ability and culture.

## CONTEXT

Formal sex education will first take place in Year 6 at GES and will be delivered by suitably trained individuals, who will be sensitive and objective, offering a clear framework of values and accurate, non judgmental information showing an awareness of the law regarding sexual behaviour; enabling pupils to make informed, reasoned and responsible decisions.

Education in sexual issues will continue through GES Secondary in line with the National Curriculum.

Knowledge of sexual reproduction and relationships will also be referred to in the content of specific lessons within Science and also as part of the PSHE programme ([Please refer to the PSHE Policy](#)), where necessary, to appropriately deliver the curriculum.

## WORKING WITH PARENTS

- The [Relationships and Sex Education Policy](#) will be available to parents.
- Year 6 parents will be provided with information about the Sex Education lessons: when they will take place and the topics to be covered.
- Parents do not have the right to withdraw their child from RSE but they can make a written request to the headteacher if they want to withdraw their child from classes which address Sex Education (those that are not part of Relationships Education).
- Parents will be provided with opportunities to come to talks given by the school on various aspects of protecting children both online and in the real world.

## PROTECTING THEMSELVES

From Reception, children are taught the 'Underwear Rule' (NSPCC) and how to keep themselves safe and what to do if they have concerns. Parents are informed of the content of these sessions and links to resources which support discussions at home are shared.

## **EARLY YEARS (Nursery and Reception)**

Children learn about the concept of male and female and about young animals. In on-going PSHE work, they develop skills to form friendships and think about relationships with others.

### **KEY STAGE 1**

Through work in Science, children learn about the life cycles of some animals, understand the idea of growing from young to old and learn that all living things reproduce. They learn about external parts of the body and are able to label these, including the penis, vulva and anus. They learn about the importance of personal hygiene to maintain good health. In PSHE they reflect on family relationships, different family groups and friendship. They talk about the emotions involved with birth, marriage and death as appropriate.

They begin to cooperate with others in work and play and begin to recognise the range of human emotions and ways to deal with them.

They also learn about personal safety, including visits from professionals such as the Police.

### **KEY STAGE 2**

In Science children build on their knowledge of life cycles and learn about the basic biology of plant and animal reproduction.

In Year 5 children are taught about where they came from and changes in their body as they grow, including what puberty is and the physical and mental changes which occur in both boys and girls. Lessons about puberty are delivered by the school nurse in mixed sex classes. However, there may be occasions where single gender groups are more appropriate and relevant.

In Year 6 children are taught further information about puberty, building on their learning from Year 5. They learn about menstruation, personal hygiene and they develop their scientific understanding of reproduction and conception in humans.

In PSHE and through discussion of the core values, they continue to develop an understanding of relationships within a family; between friends and the community and that there are different patterns of friendship. They will develop skills needed to form relationships and to respect other people's emotions and feelings. They will consider how to make simple choices and exercise some basic techniques for resisting pressures and managing risks.

In addition to this, children in Years 5 and 6 also learn about different types of relationships, the consequences of prejudice and discrimination, and the legal position of protected characteristics within the context of Anti-Bullying week.

**Members of staff are not empowered to maintain pupil confidentiality concerning anything which is known to be against the law. ([Refer also to our Safeguarding and Child Protection Policy](#))**

This content has been agreed in consultation with governors, parents, SLT and teaching staff.